

## Menopausal discomfort:

What no woman wants to talk about, and what we can do to help.

"The dryness and thinning of the vagina (vaginal atrophy) that follows the drop in estrogen around menopause is the most common cause of painful sex at midlife and beyond. Less estrogen means less vaginal lubrication and a less stretchable vagina. The vagina also may shorten and become tighter at the opening. In some women this can lead to a feeling of vaginal tightness during sex along with pain, burning, or soreness. Inflammation and irritation can also develop (atrophic vaginitis), leading to greater discomfort and sometimes to tearing and bleeding of tissue with any penetration of the vagina." [www.menopause.org](http://www.menopause.org)

Puremedy's **Feminine Moisturizer** is becoming increasingly popular, and it's no wonder why... This product is dually mild AND extremely effective in combating the most impossible vaginal dryness and discomfort in menopausal women. This divine salve also fights against infections and can be used as a lubricant. The best part is that it is 100% natural and cruelty free.



*" There are patients of mine that prefer not to use, or are unable to use hormones in treating vaginal dryness and discomfort during menopause. In this case, I always recommend Puremedy's Feminine Moisturizer. I have been working with this product for the last 7 years and have seen a 90% success rate in treating vaginal dryness. It also helps create comfort during intercourse. I love it because it has a very high success rate with no side effects. I have it at home, and you should too."*

*- Compounding Pharmacist of 35 years, CA*

## Premarin= Pregnant Mare Urine



**P r e m a r i n**<sup>®</sup>  
(conjugated estrogens)  
*vaginal cream*

Yeah, that's right. Women all over the United States are using Hormone Replacement Therapy (HRT) hoping to experience some relief from the agonizing symptoms of menopause. One of the most prominent companies in the HRT category is Premarin.

What most people don't know (mainly because doctors don't legally have to disclose this information) is that the hormones are derived from the urine of pregnant horses. Not only is this absolutely disgusting for most to fathom, but the process of acquiring this specific hormone is horrific.

Female horses spend their lives (roughly 12 years) with urine bags strapped to their hind end. They are brutally impregnated for their hormones, then once the foal is delivered, he is slaughtered and shipped out to make glue or dog food. If the babe is female, she will be put to work in line with all of the other mares. These poor creatures are packed into the farm houses with no room to move, and are forced to stay in unkept living conditions.



Not only is the process of obtaining this hormone grim and the thought of consuming horse urine disgusting, but these products have an extremely long list of side effects including death.

**Mild** side effects include: Chest pain, numbness in limbs, sudden headache or confusion, vaginal bleeding, pain/swelling in legs, jaundice, and problems with vision or speech.

**Severe** side effects include: Blood clots, breast tumors, uterine cancer, ovarian cancer, thoughts of suicide, brain disease or mental illness, heart attack, stroke, hepatitis, life threatening allergic reactions, heart attack, and more. The list goes one, and so do the fatalities each year.

**Those are high risks for little relief. Go natural instead. Try clean, cruelty free products such as Puremedy's **Feminine Moisturizer**.**



*“After three unsuccessful vaginal mesh surgeries and estrogen boosters, my hot flashes and pain became unbearable. I was at my wits end! It had been two years since I was able to enjoy intimacy with m husband. Sex was too painful. My doctor suggested that I undergo another surgery that would cost around \$4,000.00 with no promise of results. Searching for an answer, I talked to the supplement manager at my local health food store, and she told me to try Puremedy’s Feminine Moisturizer. After two months of using it, I no longer have any discomfort and my husband and I can be intimate again. This product has honestly changed my life.” - Anonymous. Age 67*

## Puremedy's **Feminine Moisturizer**. Why is it so effective?

- The harmonious blend of Calendula, Elderflower, Pine Extract, Canadian Fir Balsam, Beeswax, and Extra Virgin Olive Oil is soothing and nourishing while combating vaginal dryness and discomfort.
- It is extremely anti-microbial and fights against the full spectrum of bad bacteria. It even protects against candida.
- It increases blood circulation allowing vaginal and uterine tissue to become stronger and healthier.
- Naturally establishes and maintains a healthy vaginal flora.
- 100% food grade, organic, and wild harvested ingredients. Safe to ingest.
- Made entirely without synthetic preservatives, petrochemicals, parabens, phthalates, artificial colors, yeast, soy, gluten, or GMO's.
- Pure enough to apply internally
- Cruelty free.

*“A woman is the full circle. Within her is the power to create, nurture, and transform.” - Diane Mariechild*